

Barnacle & Babes™

Warrior Women of the Sea
Connection | Conservation | Community

**OCEAN NUTRITION
& HEALING**

**PROTECTING
A PRISTINE PIECE OF
PARADISE**

**WATER MESSAGES
& PHOTOGRAPHY BY SUSAN KNIGHT**

**SALTY
HAIR & SKIN**
THAT'S KIND TO THE WATER

**GODDESS
RISING WITHIN**

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THE MERMAID
BY RUTH CALDWELL